

# I'm Helping Birds!

- Make Windows Safe
- Keep Cats Indoors
- Less Lawn, Plant Natives
- Avoid Pesticides
- Drink Bird-Friendly Coffee
- Use Less Plastic
- Watch Birds, Share What You See

Find out more: [bit.ly/7-simple-actions](https://bit.ly/7-simple-actions)

The **Cornell** Lab  of Ornithology



Do Citizen Science

Make Windows Safer

Keep Cats Indoors

Reduce Plastic Use

Use Native Plants

Drink Shade-Grown Coffee

Avoid Pesticides

# 7 SIMPLE ACTIONS TO HELP BIRDS

Wood Thrush by John Petruzzi/Macaulay Library 56732651; Graphic by Sarah Seroussi.